



8030 Peters Road, D105 • Plantation, Florida 33324  
(954) 723-0057 Phone • (954) 723-0353 Fax  
email: [info@naceonline.com](mailto:info@naceonline.com)

*4<sup>th</sup> Annual Endocrinology Conference*  
*Emerging Challenges in Endocrinology: 2007*

*January 13, 2007*

*The Westin Fort Lauderdale*  
*400 Corporate Drive*  
*Fort Lauderdale, Florida*

**Program Committee**

**Paul S. Jellinger, MD, MACE**  
**Sam Lerman, MD, FACE**  
**Louis Chaykin, MD, FACE**

**Activity Director**

**Alan Goodstat, LCSW**

Program Evaluation  
**January 23, 2007**

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## **Introduction**

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In January 2007, NACE sponsored a CME program, *Emerging Challenges in Endocrinology: 2007*, in Ft. Lauderdale, FL. The conference was geared toward endocrinologists. The goal of the program was to enable endocrinologists to learn first hand from thought leaders in their field. The program covered incretin based therapy for diabetes, the use of pramlintide in types I and II diabetes, PPAR's in cardiovascular disease, inhaled insulin, management of thyroid nodules, and treating hyperparathyroidism.

Seventy-five healthcare providers attended, *Emerging Challenges in Endocrinology: 2007*, in Ft. Lauderdale, FL. Each attendee was asked to complete and return a conference satisfaction and needs assessment form prior to the end of the conference. Seventy-two completed forms were received. The data collected is displayed in this report.

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## CONFERENCE SCHEDULE

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### Saturday, January 13, 2007

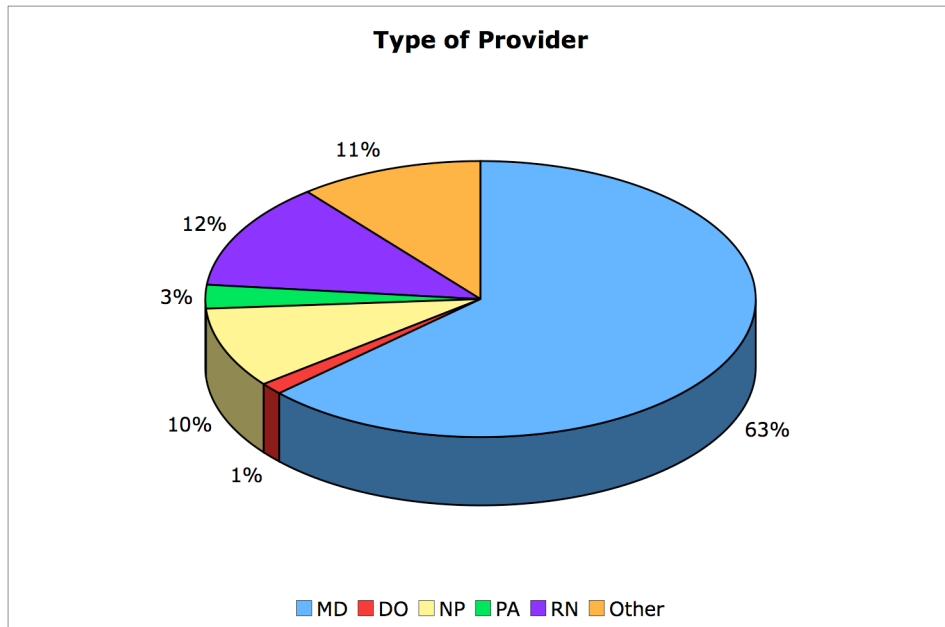
- 7:15-7:50 Continental Breakfast and Registration
- 7:50-8:00 Welcome and Introduction  
Paul Jellinger, MD
- 8:00-8:50 The Expanding Role of Incretin Based Therapy: GLP-1 Agonists, DPP4  
Inhibitors  
Daniel Drucker, MD
- 8:50-9:40 Pramlintide: Scientific Overview  
David Kendall, MD
- 9:40-10:30 PPARs in Cardiovascular Disease  
Bernard Zinman, MD
- 10:30-11:00 Exhibits and Break
- 11:00-11:40 Advances in Insulin Administration: The Role of Inhaled Insulin  
Bernard Zinman, MD
- 11:40-12:20 Controversies in the Management of Thyroid Nodules  
Susan Mandel, MD
- 12:20-1:15 2° Hyperparathyroidism: Treating Patients with Diabetes and Renal  
Insufficiency  
Larry Blonde, MD

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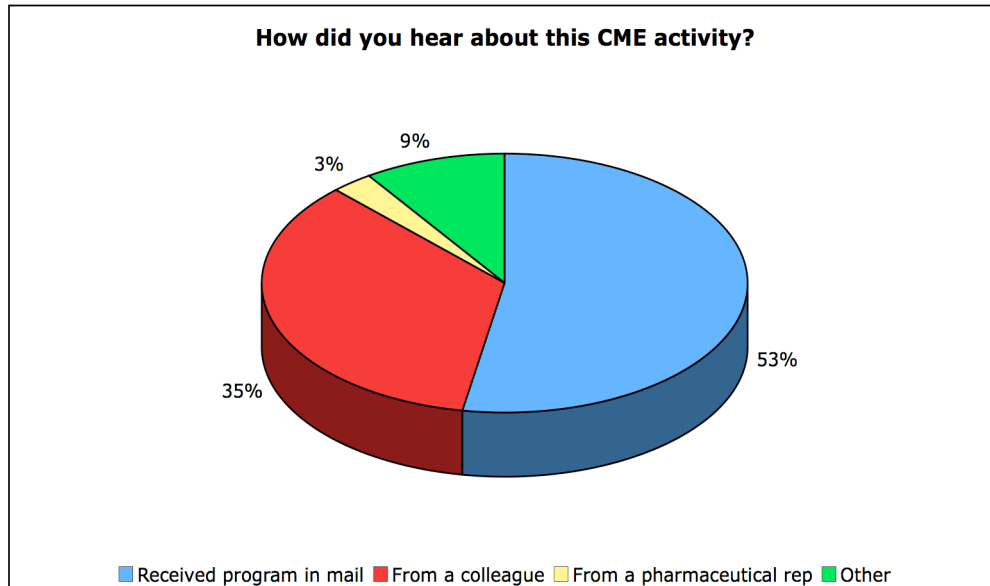
## Participant Information

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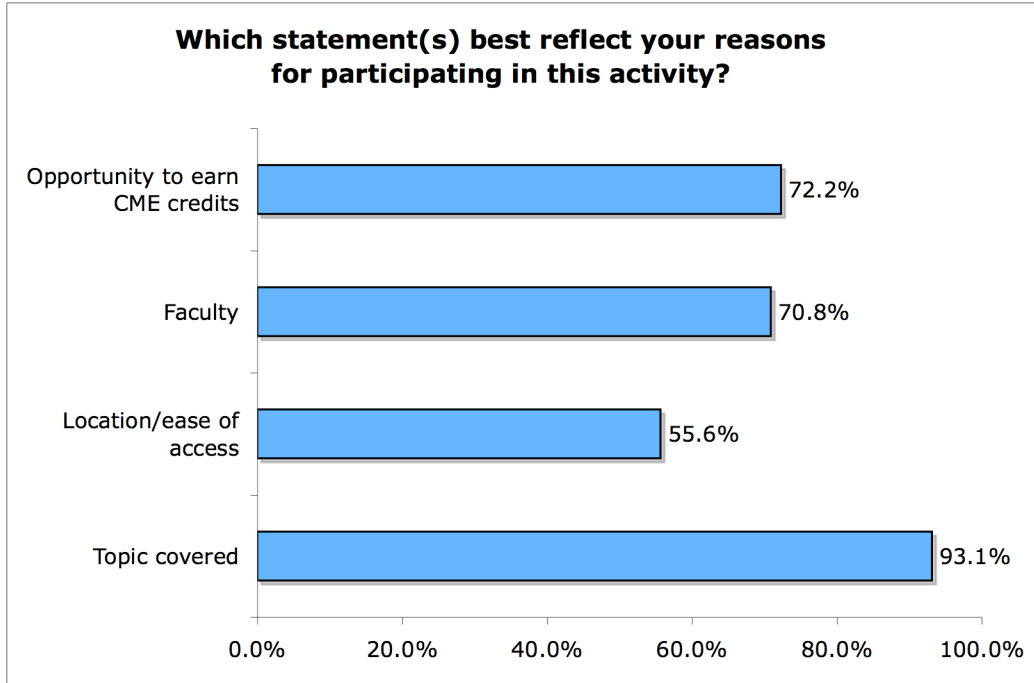
Sixty-four percent of attendees were physicians, the majority specializing in endocrinology. Physician assistants and nurse practitioners comprised 13% of the attendees. Twelve percent of attendees were nurses. Other attendees included Certified Diabetes Educators and pharmacists.



Fifty-three percent of attendees heard about the conference through the mailed program. The remainder of attendees heard about the program from a colleague (35%), from a pharmaceutical representative (3%), or from another source (9%).



Participants attended this program for the following reasons: topics covered (93%), opportunity to earn CME credits (72%), faculty (71%), and location/ease of access (56%).

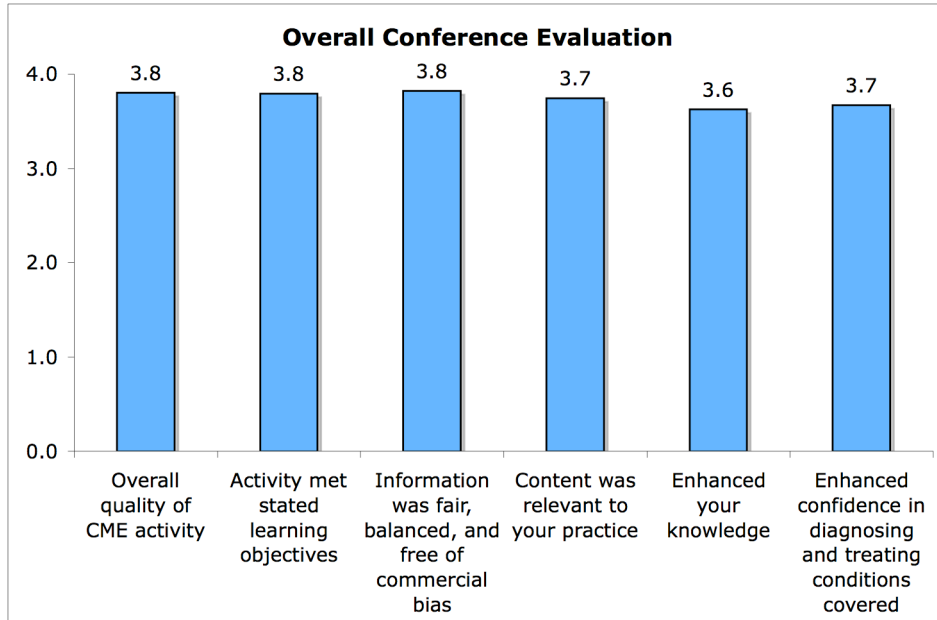


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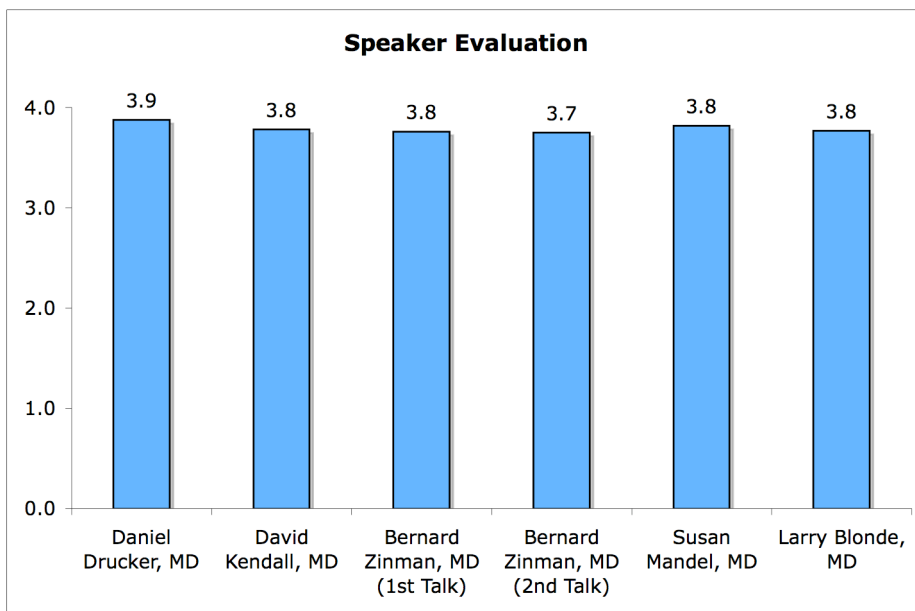
## Program Evaluation

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Attendees were asked to rate aspects of the overall conference on a four-point scale, with one being “Unsatisfactory” and four being “Excellent”. Overall, attendees rated the program as “Excellent”, with an average score of 3.7. Average scores for each aspect are displayed in the charts below.



Attendees were also asked to rate the each speaker on a four-point scale, with one being “Unsatisfactory” and four being “Excellent”. Average scores for each speaker are displayed in the chart below.

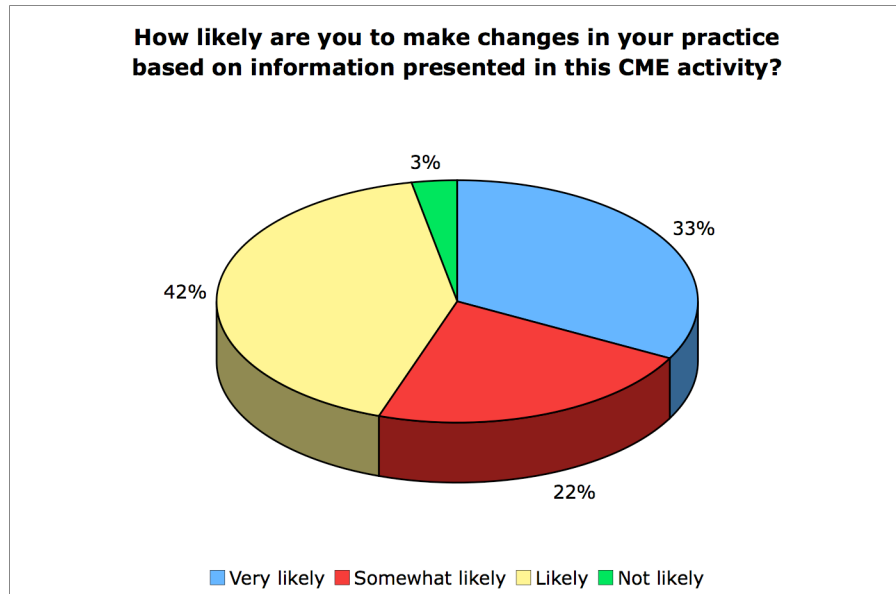


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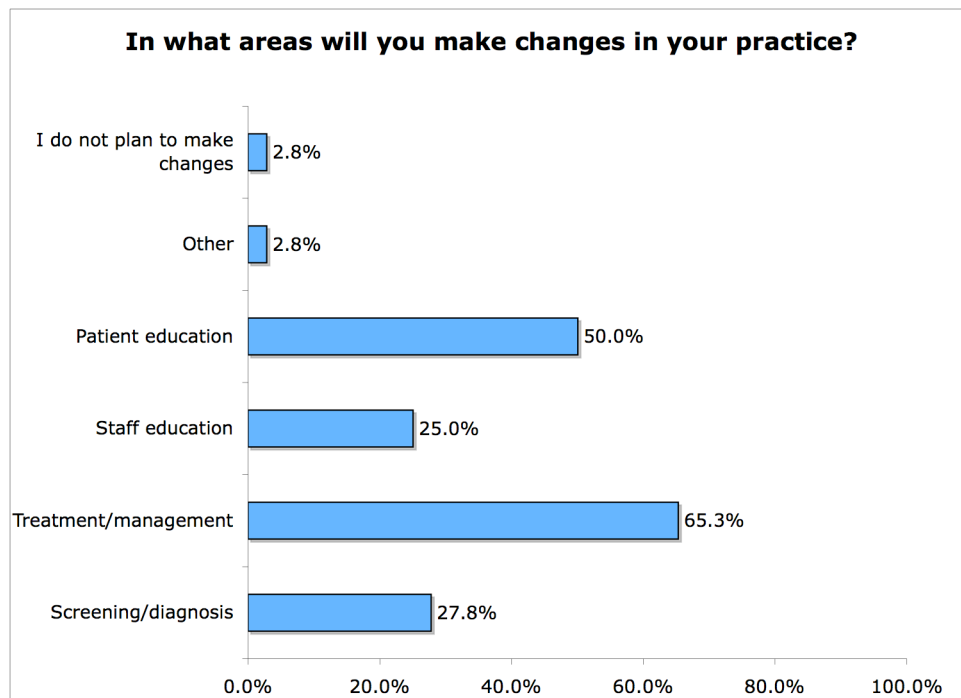
## Impact Evaluation

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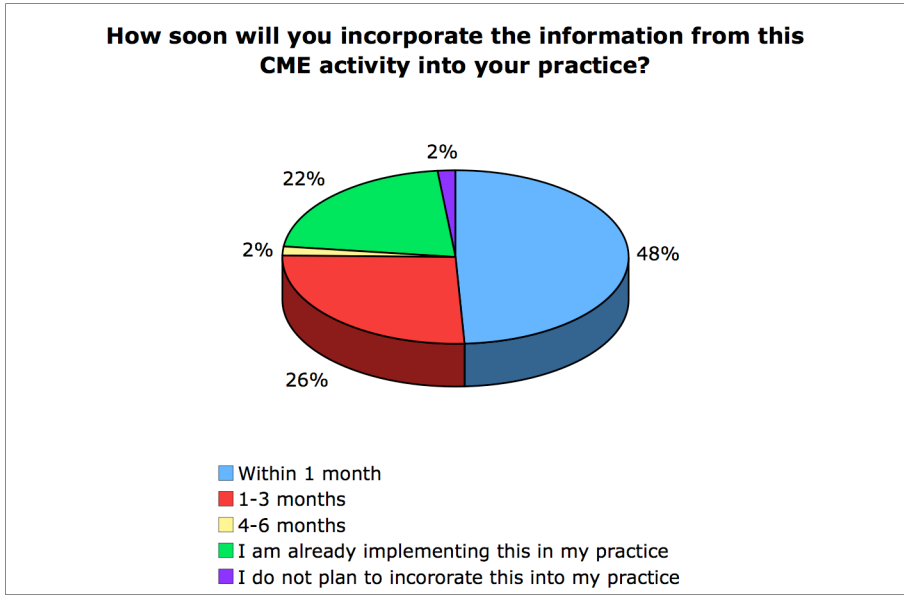
NACE asked participants about the impact of this CME activity with regards to behavior change in their practices. Ninety-seven percent of attendees responded that they plan to implement information from this CME activity into their clinical practices.



Participants plan to use the information from this CME activity to make changes in the following areas of their practices: screening/diagnosis (28%), treatment/management (65%), staff education (25%), and patient education (50%).



Seventy-six percent of participants plan to incorporate this information into their practices within the next six months.



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## Needs Assessment

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Attendees were asked to complete a needs assessment survey to assist in planning future continuing education activities. Below is a list of the suggested topics.

Adrenal disorders

Continuous blood glucose monitoring

**Diabetes (2)**

Diabetic neuropathy and retinopathy

DREAM studies

Endocrinology

Gastric bypass

Gastroenterology

Gerontology

Hepatology

HIV

**Hyperlipidemia (2)**

Hyperparathyroidism

Hyperprolactinemia

**Hypertension (2)**

Hypoglycemia

Incretin therapies

Menopause

Metabolic

**Neurology (2)**

Obesity

**Osteoporosis (5)**

Other new treatments

Pain management

**PCOS (3)**

**Pituitary disorders (2)**

Pregnancy and diabetes

Pulmonary diseases

Renal

**Reproductive endocrinology (3)**

Respiratory disease

Steroid replacement

Stroke management

Thyroid

**Thyroid cancer (3)**

**Use of growth hormone in adults (2)**

Women' health

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## **Summary**

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Overall, *Emerging Challenges in Endocrinology: 2007* was successful. Attendees were satisfied with the topics, speakers, and overall quality of the conference.

Based on the evaluations, attendees were very pleased with the conference.

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## **Appendix A**

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### **Overall Comments/Suggestions**

Excellent. Susan Mandel was superb.

Excellent program.

Excellent conference.

Great symposium.

Excellent conference.

Great topics and speakers.

Excellent conference.

Excellent presentations.

Excellent. Thank you.

Excellent. I will be back next year.

Thank you. I enjoyed the exhibits.

Thank you.

The program needs more promotion as it is excellent, valuable, brings great speakers and could develop into a large mainstream expected event.