

CONTINUING EDUCATION Physicians and Nurse Practitioners

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**



This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Massachusetts Medical School (UMMS) and the National Association for Continuing Education. The University of Massachusetts Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Massachusetts Medical School designates this educational activity for a maximum of 7.5 *AMA PRA Category I Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Under the auspices of the University of Massachusetts Medical School Office of Continuing Education this offering meets the requirements for 8.8 contact hours, as specified by the Massachusetts Board of Registration in Nursing (244-CMR 5.04). Each nurse should claim only those hours of credit that he/she actually spend in the educational activity.

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Conference Registration

Please print or type.

Register online at www.naceonline.com or this form may be mailed or faxed.

Onsite registration will be accepted provided space is available. Return completed form to:

National Association for Continuing Education (NACE)
7860 Peters Road, Suite F-111, Plantation, Florida 33324

For Registration — Phone Toll Free: 1-866-266-6223 • Fax: 954-723-0353

Personal Information

First Name _____ Middle Initial _____ Last Name _____

Degree _____ License Number _____

Mailing Address _____

City _____ State _____ Zip Code/Postal Code _____

Day Phone Number _____ Eve. Phone Number _____

Fax _____ Email Address (Required) _____

Check one: Physician Nurse Practitioner Physician Assistant
 Nurse Other _____

EMERGING CHALLENGES IN PRIMARY CARE: 2008

May 3, 2008

at

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There is no charge for this activity.

Attendees must register in advance. Reservations for this program will be taken on a first come, first reserved basis. Space is limited so please register early.

You will receive a confirmation as to your registration by mail or email.

This confirmation will serve as your admission ticket for the program.

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EMERGING CHALLENGES IN PRIMARY CARE: 2008

Conference

May 3, 2008



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May 3, 2008

at the

Sheraton Raleigh

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PROGRAM SUMMARY

This educational activity is designed to provide primary care physicians, nurse practitioners, physician assistants and other primary care providers the opportunity to learn about Restless Leg Syndrome, TIA and CVA risk reduction and prevention, Incretins and Incretin-Mimetics and Insulin Therapy in Diabetes, Chronic Obstructive Pulmonary Disease, Chronic Pain Management, Fibromyalgia, and Rheumatoid Arthritis.

In planning this CME activity, the National Association for Continuing Education (NACE) performed a needs assessment. A literature search was conducted, national guidelines were reviewed, survey data was analyzed, and experts in each therapeutic area were consulted to determine gaps in practitioner knowledge, competence or

performance. Learning objectives (see below), linked to identified gaps, were developed and will be addressed by each presenter.

This multidisciplinary program will utilize a variety of educational techniques incorporating the various aspects of Adult Learning Principles. There will be emphasis on audience participation utilizing interactive case-based presentations to deliver educational material. Participants will be asked to engage in pre and post testing to collect data for outcome studies and to uncover unmet needs for future programming.

Each participant will be provided with a syllabus containing presentations, clinical tools, and practical guidelines at the start of the program to be used for future reference.

TOPICS & LEARNING OBJECTIVES

At the conclusion of each presentation, learners should be able to achieve the following learning objectives.

Restless Leg Syndrome: Optimizing Treatment from a Patient Centered Approach

Barbara Phillips, MD

List the four cardinal features of RLS; Name the category of pharmaceutical agents which is first line treatment for RLS; Define and treat augmentation

TIA and CVA – Risk Reduction and Prevention

Michael Sloan, MD

More readily identify an acute ischemic stroke; Utilize current management strategies to improve outcomes; Recognize the most effective treatments for secondary prevention

Incretins and Incretin-Mimetics: The Role in Diabetes

Robert Tanenberg, MD

Discuss new treatments for type 2 Diabetes including incretin-mimetics, DPP-IV inhibitors, and incretin analogs; Compare and contrast newer therapies with traditional antidiabetic agents; Discuss the place of newer agents in the overall management strategy for patients with Diabetes

Diabetes Mellitus – Case Studies in Insulin Therapy

Robert Tanenberg, MD

Explain the natural progression to relative insulin deficiency in patients with type 2 Diabetes; Recognize when to initiate insulin therapy and how to overcome barriers to do so; Identify methods of optimizing glycemic control in patients with type 2 Diabetes with the use of insulin; Explain risks and discuss approaches for minimizing risk of hypoglycemia and weight gain

Optimizing Outcomes in COPD

Louis Kurtizky, MD

Recognize the predictive capacity of abnormal pulmonary function tests; Diagnose COPD on the basis of spirometry; Apply appropriate prevention tools in COPD; Employ pharmacotherapy to maximize symptom control in COPD

Case Studies in Chronic Pain Management

Louis Kurtizky, MD

Utilize a pain assessment tool for initial assessment and chronic monitoring during pain management; Choose stratified pharmacotherapy for diabetic peripheral neuropathic pain, osteoarthritis pain and low back pain

Understanding Fibromyalgia – Biology and Therapy

Yvonne Sherrer, MD

Recognize criteria for accurate diagnosis of fibromyalgia established by the American College of Rheumatology; Describe patient demographics and associated features in fibromyalgia; Describe differential diagnosis and basic testing to aid in excluding other conditions; Understand the role of non-pharmacologic and pharmacologic treatment options; Recognize the role of analgesics like tramadol, and non-opioid pain modulating agents such as pramipexole, pregabalin, and duloxetine; Describe emerging therapeutic options on the horizon for fibromyalgia

Rheumatoid Arthritis – Early Diagnosis and Effective Management

Yvonne Sherrer, MD

Define criteria for the diagnosis of RA; Outline potential benefits of early diagnosis and aggressive management; Describe why the TNF inhibitors and newer biologics can potentially improve outcomes and summarize their efficacy and safety

SCHEDULE

Saturday, May 3, 2008

7:20 – 7:50 Continental Breakfast and Registration

7:50 – 8:10 Welcome Remarks – Jack Kravitz, MD

8:10 – 9:10 Restless Leg Syndrome: Optimizing Treatment from a Patient Centered Approach – Barbara Phillips, MD

9:10 – 10:10 TIA and CVA - Risk Reduction and Prevention – Michael Sloan, MD

10:10 – 10:30 Break/Vendor Area

10:30 – 11:20 Incretins and Incretin-Mimetics: The Role in Diabetes – Robert Tanenberg, MD

11:20 – 12:10 Diabetes Mellitus – Case Studies in Insulin Therapy – Robert Tanenberg, MD

12:10 – 1:00 Lunch

1:00 – 1:50 Optimizing Outcomes in COPD – Louis Kurtizky, MD

Rheumatic Diseases Symposium

1:50 – 2:50 Case Studies in Chronic Pain Management – Louis Kurtizky, MD

2:50 – 3:10 Break

3:10 – 4:00 Understanding Fibromyalgia – Biology and Therapy – Yvonne Sherrer, MD

4:00 – 4:50 Rheumatoid Arthritis – Early Diagnosis and Effective Management – Yvonne Sherrer, MD

4:50 – 5:00 Conference Wrap Up – Jack Kravitz, MD

ABOUT THE SPEAKERS

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NACE appreciates the generous contribution of educational grants in support of this CME activity from:

