

**CONTINUING EDUCATION**

**Physicians and Nurse Practitioners**

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Under the auspices of the University of Massachusetts Medical School Office of Continuing Education this offering meets the requirements for 7.5 contact hours, as specified by the Massachusetts Board of Registration in Nursing (244-CMR 5.04). Each nurse should claim only those hours of credit that he/she actually spend in the educational activity.

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**Conference Registration**

Please print or type.

**Register online at [www.naceonline.com](http://www.naceonline.com) or this form may be mailed or faxed.**

Onsite registration will be accepted provided space is available. Return completed form to:

National Association for Continuing Education (NACE), 8030 Peters Road, D-105, Plantation, Florida 33324

**For Registration** — Phone Toll Free: 1-866-266-6223 • Fax: 954-723-0353

**Personal Information**

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Degree \_\_\_\_\_ License Number \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code/Postal Code \_\_\_\_\_

Day Phone Number \_\_\_\_\_ Eve. Phone Number \_\_\_\_\_

Fax \_\_\_\_\_ Email Address (Required) \_\_\_\_\_

Check one:  Physician  Physician Assistant  Nurse Practitioner  Nurse

Other \_\_\_\_\_

**Emerging Challenges in Primary Care: 2007**

**June 2, 2007**

at

**Sheraton Raleigh**

421 South Salisbury Street • Raleigh, NC • 919-834-9900

*There is no charge for this activity.*

Attendees must register in advance. Reservations for this program will be taken on a first come, first reserved basis. Space is limited so please register early. You will receive a confirmation as to your registration by mail or email. This confirmation will serve as your admission ticket for the program.

Earn continuing medical education credits!



**Emerging Challenges  
in Primary Care: 2007  
Conference**

June 2, 2007

This conference is for physicians,  
nurse practitioners and physician assistants.

*Coming to*

**Raleigh, NC**

**June 2, 2007**

at the

**Sheraton Raleigh**

8030 Peters Road • D-105 • Plantation, Florida 33324  
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NATIONAL ASSOCIATION  
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**UMMS designates this continuing  
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**There is  
No Charge  
for Program  
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## Program Summary

This program will provide Primary Care Physicians the opportunity to learn first hand from national thought leaders in their field. The goal is to provide a clearer understanding of several of the most common disease processes, in light of rapid scientific advances. By doing so, attendees will walk away with new insights and learn useful strategies to manage the challenges faced on a daily basis. This program will incorporate didactic lectures, case based learning, and utilize an audience response system to facilitate discussion among participants to enhance the educational opportunity.

## The Learning Objectives of this program are:

At the conclusion of this CME activity, attendees will be able to:

- appreciate that given its favorable risk to benefit ratio, the more widespread and appropriate aggressive management of patients with statins will confer statistically significant and clinically important reductions in myocardial infarction, stroke, and deaths from cardiovascular disease
- review early pathogenesis and prevention of type 2 diabetes, more effectively attain tight glucose control and discuss recent outcomes trials on the development and progression of atherosclerosis in diabetes
- review glycemic and cardiovascular outcomes from insulin trials in type 2 diabetes, and optimize glycemic control with insulin in type 2 diabetes while minimizing weight gain and hypoglycemia

- critically evaluate the evidence behind diagnostic and therapeutic options for constipation predominant irritable bowel syndrome and chronic constipation
- understand the role of immune response modifiers in the treatment of warts; appreciate the mechanisms of action and efficacy of anti-inflammatory dose doxycycline in acne Rosacea, and learn appropriate use of topical steroids and calcipotriene for the treatment of psoriasis
- outline an evidence based approach to the evaluation of insomnia and understand behavioral and pharmacological treatment approaches including their application in the clinical setting
- utilize diagnostic criteria for Restless Leg Syndrome, understand recent advances in the pathophysiology of the disease, utilize current behavioral and pharmacologic treatment options to reduce symptoms and increase quality of life
- recognize the underlying pathophysiology of BPH, utilize the AUA scoring system and choose appropriate pharmacotherapy and surgical interventions for BPH
- identify the most pertinent adverse events seen in the Women's Health Initiative and advise patients on the risks and benefits of traditional, non-traditional, and alternative medical interventions for addressing menopausal symptoms

## About the Speakers

### Brian Berman, MD, PhD

Professor of Dermatology and Internal Medicine  
The University of Miami School of Medicine  
Miami, FL

### Patrick J. Boyle, MD

Professor of Medicine  
University of New Mexico  
Albuquerque, NM

### Kenneth R. DeVault, MD

Professor of Medicine  
Chair, Division of Gastroenterology and Hepatology  
Mayo Clinic College of Medicine  
Jacksonville, FL

### Karl Doghramji, MD

Professor of Psychiatry, Jefferson Medical College  
Director, Sleep Disorders Center,  
Thomas Jefferson University, Philadelphia, PA

### Charles Hennekens, MD

Co-Director of Cardiovascular Research at MSMC-MHI  
Professor of Medicine & Epidemiology and Public Health at the University of Miami School of Medicine  
Miami, FL

### Louis Kuritzky, MD

Clinical Assistant Professor  
Department of Community Health & Family Medicine  
University of Florida, Gainesville, FL

**Program Chair**  
Gregg Sherman, MD

**Activity Director**  
Michelle Frisch, MPH

## Schedule

### Saturday, June 2, 2007

7:15-7:50	Continental Breakfast and Registration
7:50-8:10	Welcome Remarks and Pre-Assessment Gregg Sherman, MD
8:10-9:00	Update on Statins in the Treatment and Prevention of Cardiovascular Disease: Clinical and Public Health Challenges Charles Hennekens, MD
9:00-9:50	Fundamentals of Quality Diabetes Care Patrick J. Boyle, MD
9:50-10:10	Break/Vendor Area
10:10-11:00	Insulin Therapy in Type 2 Diabetes – Who, When, and How Patrick J. Boyle, MD

11:00-11:50	Evolving Concepts in GI Motility Disorders: IBS-Constipation and Chronic Constipation Kenneth DeVault, MD
11:50-12:40	Dermatology Therapy Update: Warts, Rosacea and Psoriasis Brian Berman, MD, PhD
12:40-1:30	Lunch
1:30-2:20	Waking up to Insomnia Karl Doghramji, MD
2:20-3:10	Restless Legs Syndrome Karl Doghramji, MD
3:10-3:30	Break/Vendor Area
3:30-4:20	Effective Management of BPH by the Primary Care Clinician Louis Kuritzky, MD
4:20-5:10	Hormone Replacement Therapy: Balancing Risks and Benefits Louis Kuritzky, MD
5:10-5:20	Conference Wrap Up and Post Assessment

NACE appreciates the generous contribution of educational grants in support of this conference activity from:



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