

CONTINUING EDUCATION
Physicians and Nurse Practitioners

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**



This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Massachusetts Medical School (UMMS) and the National Association for Continuing Education. The University of Massachusetts Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Massachusetts Medical School designates this educational activity for a maximum of 7 *AMA PRA Category I Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Under the auspices of the University of Massachusetts Medical School Office of Continuing Education this offering meets the requirements for 8.4 contact hours, as specified by the Massachusetts Board of Registration in Nursing (244-CMR 5.04). Each nurse should claim only those hours of credit that he/she actually spend in the educational activity.

Policy on Faculty and Provider Disclosure: It is the policy of the University of Massachusetts Medical School to ensure fair balance, independence, objectivity and scientific rigor in all activities. All faculty participating in CME activities sponsored by the University of Massachusetts Medical School are required to present evidence-based data, identify and reference off-label product use and disclose all relevant financial relationships with those supporting the activity or others whose products or services are discussed. Faculty disclosure will be provided in the activity materials.

Conference Registration

Please print or type.

Register online at www.naceonline.com or this form may be mailed or faxed.

Onsite registration will be accepted provided space is available. Return completed form to:

National Association for Continuing Education (NACE)
 7860 Peters Road, Suite F-111, Plantation, Florida 33324

For Registration – Phone Toll Free: 1-866-266-6223 • Fax: 954-723-0353

Personal Information

First Name _____ Middle Initial _____ Last Name _____

Degree _____ License Number _____

Mailing Address _____

City _____ State _____ Zip Code/Postal Code _____

Day Phone Number _____ Eve. Phone Number _____

Fax _____ Email Address *(Required)* _____

Check one: Physician Nurse Practitioner Physician Assistant
 Nurse Other _____

EMERGING CHALLENGES IN PRIMARY CARE: 2008

May 17, 2008

at

**Marriott Salt Lake City Downtown • 75 South West Temple
 Salt Lake City, UT 84101**

There is no charge for this activity.

Attendees must register in advance. Reservations for this program will be taken on a first come, first reserved basis. Space is limited so please register early.

You will receive a confirmation as to your registration by mail or email.

This confirmation will serve as your admission ticket for the program.

Visit www.naceonline.com to learn more about online CME activities and live conferences.

**EMERGING CHALLENGES
 IN PRIMARY CARE: 2008**

Conference

May 17, 2008



EARN CONTINUING MEDICAL EDUCATION CREDITS!

THIS CONFERENCE IS FOR PHYSICIANS, NURSE PRACTITIONERS,
 AND PHYSICIAN ASSISTANTS.

Join us...

Salt Lake City, UT

May 17, 2008

at the

**Marriott
 Salt Lake City
 Downtown**

Jointly sponsored by the University of Massachusetts Medical School Office of Continuing Medical Education and the National Association for Continuing Education.

UMMS designates this educational activity for a maximum of 7 *AMA PRA Category I Credit(s)*[™].

**There is No Charge
 for Program Registration.**

NACE
 NATIONAL ASSOCIATION
 FOR CONTINUING EDUCATION
 7860 Peters Road • Suite F-111 • Plantation, FL 33324

PRESORT STD
 US POSTAGE
 PAID
 Permit 439
 Ft. Lauderdale, FL

PROGRAM SUMMARY

This educational activity is designed to provide primary care physicians, nurse practitioners, physician assistants and other primary care providers the opportunity to learn about Restless Leg Syndrome, TIA and CVA risk reduction and prevention, Incretins and Incretin-Mimetics and Insulin Therapy in Diabetes, Chronic Pain Management, Fibromyalgia, and Rheumatoid Arthritis.

In planning this CME activity, the National Association for Continuing Education (NACE) performed a needs assessment. A literature search was conducted, national guidelines were reviewed, survey data was analyzed, and experts in each therapeutic area were consulted to determine gaps in practitioner knowledge, competence or performance. Learning objectives (see below),

linked to identified gaps, were developed and will be addressed by each presenter.

This multidisciplinary program will utilize a variety of educational techniques incorporating the various aspects of Adult Learning Principles. There will be emphasis on audience participation utilizing interactive case-based presentations to deliver educational material. Participants will be asked to engage in pre and post testing to collect data for outcome studies and to uncover unmet needs for future programming.

Each participant will be provided with a syllabus containing presentations, clinical tools, and practical guidelines at the start of the program to be used for future reference.

TOPICS & LEARNING OBJECTIVES

At the conclusion of each presentation, learners should be able to achieve the following learning objectives.

Restless Leg Syndrome: Optimizing Treatment from a Patient Centered Approach

Gary Richardson, MD

List the four cardinal features of RLS; Name the category of pharmaceutical agents which is first line treatment for RLS; Define and treat augmentation

TIA and CVA – Risk Reduction and Prevention

Michael Sloan, MD

More readily identify an acute ischemic stroke; Utilize current management strategies to improve outcomes; Recognize the most effective treatments for secondary prevention

Incretins and Incretin-Mimetics: The Role in Diabetes

Christopher Newton, MD

Discuss new treatments for type 2 Diabetes including incretin-mimetics, DPP-IV inhibitors, and incretin analogs; Compare and contrast newer therapies with traditional antidiabetic agents; Discuss the place of newer agents in the overall management strategy for patients with Diabetes

Diabetes Mellitus – Case Studies in Insulin Therapy

Christopher Newton, MD

Explain the natural progression to relative insulin deficiency in patients with type 2 Diabetes; Recognize when to initiate insulin therapy and how to overcome barriers to do so; Identify methods of optimizing glycemic control in patients with type 2 Diabetes with the use of insulin; Explain risks and discuss approaches for minimizing risk of hypoglycemia and weight gain

Case Studies in Chronic Pain Management

Howard Heit, MD

Develop a practical approach to office management of the chronic pain patient; Define such terms as addiction, physical dependence, tolerance, and iatrogenic addiction; Understand the difference between a chronic pain patient and a patient with the disease of addiction; Understand federal law for prescribing opioids; Choose appropriate opioids for the treatment of chronic pain

Understanding Fibromyalgia – Biology and Therapy

Yvonne Sherrer, MD

Recognize criteria for accurate diagnosis of fibromyalgia established by the American College of Rheumatology; Describe patient demographics and associated features in fibromyalgia; Describe differential diagnosis and basic testing to aid in excluding other conditions; Understand the role of non-pharmacologic and pharmacologic treatment options; Recognize the role of analgesics like tramadol, and non-opioid pain modulating agents such as pramipexole, pregabalin, and duloxetine; Describe emerging therapeutic options on the horizon for fibromyalgia

Rheumatoid Arthritis – Early Diagnosis and Effective Management

Yvonne Sherrer, MD

Define criteria for the diagnosis of RA; Outline potential benefits of early diagnosis and aggressive management; Describe why the TNF inhibitors and newer biologics can potentially improve outcomes and summarize their efficacy and safety

SCHEDULE

Saturday, May 17, 2008

7:20 – 7:50 Continental Breakfast and Registration

7:50 – 8:10 Welcome Remarks – Gregg Sherman, MD

8:10 – 9:10 Restless Leg Syndrome: Optimizing Treatment from a Patient Centered Approach – Gary Richardson, MD

9:10 – 10:10 TIA and CVA - Risk Reduction and Prevention – Michael Sloan, MD

10:10 – 10:30 Break/Vendor Area

10:30 – 11:30 Incretins and Incretin-Mimetics: The Role in Diabetes – Christopher Newton, MD

11:30 – 12:30 Diabetes Mellitus – Case Studies in Insulin Therapy – Christopher Newton, MD

12:30 – 1:30 Lunch

Rheumatic Diseases Symposium

1:30 – 2:30 The Truth About Opioid Pain Management: Patient Evaluation, Addiction, Physical Dependence, and Federal Regulations – Howard Heit, MD

2:30 – 3:30 Understanding Fibromyalgia – Biology and Therapy – Yvonne Sherrer, MD

3:30 – 3:50 Break

3:50 – 4:50 Rheumatoid Arthritis – Early Diagnosis and Effective Management – Yvonne Sherrer, MD

4:50 – 5:00 Conference Wrap Up – Gregg Sherman, MD

ABOUT THE SPEAKERS

Howard A. Heit, MD, FACP, FASAM

Certified in Addiction Medicine and as a Medical Review Officer Chronic Pain Specialist Assistant Clinical Professor, Georgetown University

Christopher Alan Newton, MD

Division of Endocrinology
Department of Internal Medicine
Emory University School of Medicine
Atlanta, GA

Gary S. Richardson, MD

Senior Research Scientist
Sleep Research and Disorders Center
Henry Ford Hospital
Detroit, MI

Yvonne Sherrer, MD

Medical Director/Director of Clinical Research
Centre for Rheumatology, Immunology and Arthritis
Fort Lauderdale, FL

Michael Allan Sloan, MD

Professor and Director
TGH/USF Stroke Program
Department of Neurology
University of South Florida College of Medicine
Tampa, FL

PROGRAM CHAIR

Gregg Sherman, MD

ACTIVITY DIRECTOR

Michelle Frisch, MPH

NACE appreciates the generous contribution of educational grants in support of this CME activity from:

