



# Female Sexuality

## Clinical Updates

### *Evaluation and Treatment of Female Sexual Dysfunction*

Sarasota, Florida • January 29, 2005

The Ritz-Carlton, Sarasota

1111 Ritz-Carlton Drive • Sarasota, Florida 34236

#### FREE CME ACTIVITY

This continuing medical education activity has been reviewed and is acceptable for up to 2.75 Prescribed credit hours by the American Academy of Family Physicians.

This program is supported through an unrestricted educational grant from P & G Pharmaceuticals.

To register for this  
FREE program:

Call (866) 266-6223

#### SCHEDULE:

**8:30 a.m. – 9:00 a.m.**

Registration and Breakfast  
Welcome

**9:00 – 10:00**

Managing Female Sexual  
Dysfunction in  
the Menopausal Woman  
**John R. Ellington, MD**

**10:00 -10:15**

Questions and Discussion

**10:15-11:15**

Diagnosis and Treatment  
of Sexual Problems in  
Women and Couples:  
The Practice of Sex Therapy  
**Susan Lee,**  
**Ed.D., MSW, LCSW, AASECT**

**11:15-11:45**

Questions and Discussion

**John R. Ellington, MD**

**Susan Lee,**  
**Ed.D., MSW, LCSW, AASECT**

#### Program Overview

This CME program is designed to provide a comprehensive update on Female Sexual Dysfunction (FSD) in postmenopausal women. Sexual function involves biology, chemistry, psychology and interpersonal components. Sexual satisfaction is intricately linked to a person's quality of life. Sexual dysfunction is characterized by a disturbance in the processes that characterize the sexual response cycle.

Female sexual problems are highly prevalent and often under-treated. Many women complain of low sexual desire, lack of sexual intimacy and pleasure, and sexual avoidance. Discussion will focus on the prevalence, diagnosis and impact of FSD on postmenopausal women. Strategies for initiating conversations with women about their sexuality, the role of androgens in sexual health, the role of the sex therapist, and clinical indications for therapy to improve women's sexual health will be discussed.

#### Target Audience

This program is designed for specialists in obstetrics and gynecology and for allied health care professionals.

#### Learning Objectives

At the conclusion of this program, participants should be able to:

1. discuss the characteristics of a healthy female sexual response cycle
2. discuss the emotional, relational, biological, and medical components associated with strong psychosexual complaints
3. explain hypoactive sexual desire disorder, the leading female sexual problem
4. discuss the role of the sex therapist in treating sexual dysfunction
5. list the steps in doing a psychosexual evaluation
6. discuss the methods for corroboration between the sex therapist and the physician

#### Accreditation

##### Physicians and Nurses

This continuing medical education activity has been reviewed and is acceptable for up to 2.75 Prescribed credit hours by the American Academy of Family Physicians.

#### Disclosure

It is the policy of the National Association for Continuing Education to disclose whatever interest or affiliation a speaker might have with a commercial organization whose products or services are related to the subject matter being presented. Such disclosure will be made available on the day of the program.

#### Faculty

**John R. Ellington, MD**

*Managing Female Sexual Dysfunction  
in the Menopausal Woman*

Watson Clinic LLC  
Partner

**Susan Lee, Ed.D., MSW, LCSW, AASECT**

*Diagnosis and Treatment of Sexual  
Problems in Women and Couples:  
The Practice of Sex Therapy*

Certified Sex Therapist  
Palm Beach, Florida