

## CONTINUING EDUCATION

### Physicians and Nurse Practitioners

This activity has been reviewed and is acceptable for up to 8 Prescribed Credits by the American Academy of Family Physicians. The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to [cmecomment@aaafp.org](mailto:cmecomment@aaafp.org).



This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Massachusetts Medical School (UMMS) and the National Association for Continuing Education. UMMS is accredited by ACCME to provide continuing medical education for physicians. UMMS designates this continuing medical education activity for up to 8 credits in Category I toward the Physicians Recognition Award of the American Medical Association. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Under the auspices of the University of Massachusetts Medical School Office of Continuing Education this offering meets the requirements for 9.6 contact hours, as specified by the Massachusetts Board of Registration in Nursing (244-CMR 5.04). Each nurse should claim only those hours of credit that he/she actually spent in the educational activity.

## Conference Registration

Please print or type.

**This form may be mailed or faxed or register online at [www.naceonline.com](http://www.naceonline.com).**

Or call Phone: (954) 723-0057 • Toll Free: 1-866-266-6223 • Fax: (954) 723-0353

Do not register by calling Northwest Medical Center.

Onsite registration will be accepted provided space is available. Return completed form to:

National Association for Continuing Education (NACE), 8030 Peters Road, D-105, Plantation, Florida 33324

### Personal Information

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Degree \_\_\_\_\_ License Number \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code/Postal Code \_\_\_\_\_

Day Phone Number \_\_\_\_\_ Eve. Phone Number \_\_\_\_\_

Fax \_\_\_\_\_ Email Address \_\_\_\_\_

Check one:  Physician  Nurse Practitioner  Physician Assistant  Nurse

### Surviving Strokes – The Many Modalities for Treatment

November 10-12, 2006

at

### Bahia Mar Beach Resort

801 Seabreeze Boulevard, Fort Lauderdale, Florida 33316

Please call the Bahia Mar to reserve your room by **OCTOBER 12th** at (954) 764-2233

under Northwest Medical Center CME program.

*There is no charge for this activity.*

Attendees must register in advance. Reservations for this program will be taken on a first come, first reserved basis. Space is limited so please register early. You will receive a confirmation as to your registration by mail or email. This confirmation will serve as your admission ticket for the program.

Earn continuing medical education credits!



## Northwest Medical Center 2nd Annual CME Conference

# Surviving Strokes – The Many Modalities for Treatment

November 10-12, 2006

This conference is for physicians,  
nurse practitioners and physician assistants.

**There is No Charge  
for Program Registration**

8030 Peters Road • D-105 • Plantation, Florida 33324

**NACE**  
NATIONAL ASSOCIATION  
FOR CONTINUING EDUCATION

*Coming to*

Ft. Lauderdale, FL

Nov. 10-12, 2006

at the  
Bahia Mar Beach Resort

Sponsored by:

**NACE** NATIONAL ASSOCIATION  
FOR CONTINUING EDUCATION



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I would like to welcome you to our second annual CME symposium, Surviving Strokes—The Many Modalities for Treatment. We hope that the lectures in this program will keep you abreast of therapeutic options in the management of stroke patients and increase your awareness of the opportunities and resources that exist in our community for patient care.

Mary Lynn Swartz, CEO  
Northwest Medical Center

## Overview of Program

According to the American Stroke Association, every 45 seconds—someone in America has a stroke. Every 3 minutes, someone dies of one. It is the purpose of this program to understand that brain ischemia may be brief lasting only seconds to minutes or may progress to a more permanent concern of tissue infarction. Accurately and rapidly assessing the status of a brain event between ischemia and hemorrhagic stroke can be critical when choosing the correct treatment modality.

Risks for stroke as a result of clogged carotid arteries are significant. The distinction between cardiovascular abnormalities as the cause of stroke or the result of a stroke can be elusive so understanding the cardiovascular risk factors associated with stroke will play a dominant role. Initiating rapid treatment using thrombolytic agents are key when reviewing drug therapy in the treatment of strokes. Understanding the emerging treatment modalities learned from clinical trials may further improve a higher quality patient outcome.

Criteria used for surgical evacuation of a bleed versus decompression from cerebral edema will be discussed as well as the expected clinical outcomes.

The scope of this problem presented by the above numbers obtained from the American Stroke Association is costly in terms of hospitalization, emergency room visits

as well as quality of life. This problem is only expected to increase with the aging population and the obesity epidemic.

## The Learning Objectives of this program are:

At the conclusion of this CME activity, attendees will be able to:

- distinguish the differential diagnosis of ischemic attack versus the progressive state of cerebral infarction
- discuss how to rapidly assess acute stroke as an emergency and determine if a patient is a candidate for thrombolytic therapy
- discuss the cardiovascular risk factors with stroke and the indications for drug therapy and when and how long to use them
- explain the use of carotid stenting as a risk reduction to strokes
- understand indications for neurosurgical intervention choices for evacuation of bleeds or decompression due to a massive cerebral edema
- define the three key components of E&M services

## Target Audience

This topic should meet the needs for the specific target audience of internal medicine physicians, family practitioners, emergency department physicians, neurologists, cardiologists, radiologists and gynecologists.

## Faculty

### Jean Acevedo, LHRM, CPC, CHC

President and Senior Consultant  
Acevedo Consulting Incorporated

### John Coats, MD

Partner, Neurological Surgical Associates  
Northwest Medical Center

### Richard A. Goldman, MD, PhD, FACC, FACP

Chief, Department of Medicine  
Northwest Medical Center

### Mark A. Goldstein, MD

Chairman, Division of Neurology/Psychiatry  
JFK Medical Center  
Medical Director of the JFK Stroke Center

### William Julien, MD

President, South Florida Vascular Associates  
Northwest Medical Center

### Arnold Mackles, MD, MBA, LHRM

Physician Speaker and Risk Manager

### Adam Thau, M.D.

Chief, Emergency Medicine  
Northwest Medical Center

### Program Chair:

### Gregg Sherman, MD

Northwest Medical Center

### Activity Directors:

### Jo Ellen Newman

Director of Business Development, Northwest Medical Center

### Alan Goodstat, LCSW

National Association for Continuing Education

## Schedule

### Friday Evening, November 10, 2006

Hotel Check-in

6:30-8:00 Welcome Reception

hosted by Northwest Medical Center

### Saturday, November 11, 2006

7:00-7:45 Continental Breakfast

7:45-8:00 Opening Remarks

Mary Lynn Swartz, CEO

Gregg Sherman, MD

8:00-9:00 Defining Stroke Syndromes

Mark A. Goldstein, MD

9:00-10:00 Critical Time: The emergency assessment of the stroke patient

Adam Thau, MD

10:00-10:30 Break

10:30-11:30 Cardiovascular Disease and Stroke:

Aspirin, plavix, and anticoagulants

Richard Goldman, MD

11:30-12:30 Carotid Stenting:  
The expanded view of  
the stroke center  
William Julien, MD

12:30-1:30 Lunch

1:30-2:30 Understanding the Surgical  
Management of Strokes  
John Coats, MD

### Sunday, November 12, 2006

7:30-8:00 Continental Breakfast

8:00-10:00 Prevention of Medical Errors  
Arnold Mackles, MD,  
MBA, LHRM, CHCC, CHCO

10:00-10:30 Break

10:30-11:30 Navigating the Maze:  
E&M Documentation  
Jean Acevedo, LHRM, CPC, CHC

Special thanks to Northwest Medical Center and the medical staff for their support of this program.

NACE also appreciates the generous contribution of educational grants in support of this conference activity from:

