



Osteoporosis

A Silent Emerging Problem
**IDENTIFICATION, TREATMENT
STRATEGIES AND PREVENTION**

**North Miami Beach, Florida
January 19, 2005 • 6:45 p.m.**

Morton's Steakhouse
17399 Biscayne Blvd. • North Miami Beach, FL 33160

FREE CME ACTIVITY

This activity has been reviewed and is acceptable for up to 2.0 Prescribed credit hours by the American Academy of Family Physicians

This program is supported through an unrestricted educational grant from P & G Pharmaceuticals.

**Please RSVP to
Sharon Graham by
Monday, January 17, 2005
Call (954) 723-0057**

SCHEDULE:

6:45 – 7:00 p.m.

Welcome and Registration

7:00 – 7:50 p.m.

Current Guidelines to Evaluate Patients for Fracture Risk and Diagnostic Techniques to Institute Therapy

7:50 - 8:40 p.m.

Treatment Strategies and Prevention

8:40 - 9:00 p.m.

Questions and Discussion

Program Overview

Fractures related to osteoporosis are common and are very costly. They often become a chronic burden on individuals and society as about 1.5 million people in the United States suffer from an osteoporosis-related fracture each year. This leads to over 500,000 hospitalizations, over 800,000 emergency room visits, and over two and a half million office visits each year. Physicians have the opportunity and responsibility of promoting factors that influence bone health. They can identify patients at risk for fracture and provide lifestyle and therapeutic interventions to lower such risk. This CME workshop is designed to help physicians keep informed about the assessment of osteoporosis in patients and therapeutic and preventive strategies to prevent bone disease.

Target Audience

This program is designed for Primary Care Physicians, Gastroenterologists, and Pulmonologists.

Learning Objectives

At the conclusion of this program, participants should be able to:

1. describe the current guidelines to evaluate patients for fracture risk
2. describe the modes of action of the approved agents used to treat osteoporosis
3. discuss how to utilize diagnostic techniques and guidelines to institute therapy
4. understand the data regarding the relative efficacy of the various agents used to treat osteoporosis
5. describe the assessment of patients at high risk for glucocorticoid induced osteoporosis (GIO) and related fractures
6. list appropriate non-pharmacologic and pharmacologic osteoporosis prevention strategies

Accreditation

Physicians and Nurses

This continuing medical education activity has been reviewed and is acceptable for up to 2.0 Prescribed credit hours by the American Academy of Family Physicians.

Disclosure

It is the policy of the National Association for Continuing Education to disclose whatever interest or affiliation a speaker might have with a commercial organization whose products or services are related to the subject matter being presented. Such disclosure will be made available on the day of the program.

Faculty

Louis Chaykin, MD

Medical Director of the Diabetes Program
Aventura Hospital and Medical Center
Clinical Associate Professor of Medicine at
Nova Southeastern University of Medical Sciences