



Osteoporosis

UPDATE ON THE DETECTION AND
MANAGEMENT OF OSTEOPOROSIS
AND LOW BONE MASS

Tampa, Florida
February 17, 2006 • 6:30 p.m.

Roy's Restaurant
4342 Boyscout Blvd. • Corner Stone Plaza
Tampa, Florida 33607 • (813) 873-7697

FREE CME ACTIVITY

This activity has been reviewed and is acceptable for up to 1.0 Prescribed credit hour by the American Academy of Family Physicians.

This program is supported through an unrestricted educational grant from P & G Pharmaceuticals.

**Please RSVP to
Sharon Graham by
Tuesday, February 7, 2006
Call (954) 723-0057**

SCHEDULE:

6:30 – 7:00 p.m.

Registration and Welcome

7:00 – 8:00 p.m.

Dinner

Update on the Detection and Management of Osteoporosis and Low Bone Mass

Nelson Watts, MD, FACE

Program Overview

This program is a comprehensive overview of current empirical evidence related to osteoporosis and osteopenia. Current incidence and prevalence rates will be addressed as well as the physical, social and societal sequelae of the disorder. A lecture/discussion format of approximately one hour in length will also address the epidemiology and clinical impact of osteoporosis and fractures. Determinants of bone mass and bone quality will be discussed. Fracture risk assessment will be introduced and diagnostic testing will be summarized. Strategies for disease prevention as well as pharmacologic and non-pharmacologic interventions will be reviewed. Future directions in diagnostic and treatment modalities will be presented.

Target Audience

This program is designed for Physicians, Physician Assistants, and Nurse Practitioners.

Learning Objectives

At the conclusion of this program, participants should be able to:

1. discuss the pathophysiology, incidence/prevalence, and mortality/morbidity associated with osteoporosis and osteopenia
2. recognize the risk factors and clinical presentation, including common symptoms and physical examination findings
3. assess individual fracture risk
4. choose laboratory, imaging, and diagnostic studies, tests, and procedures helpful in confirming the diagnosis and treatment monitoring
5. institute appropriate preventive strategies based on individual patient risk
6. recognize and initiate pharmacologic treatments when warranted
7. provide appropriate follow-up care and monitoring
8. discuss potential complications and prognosis

Accreditation

This activity has been reviewed and is acceptable for up to 1.0 Prescribed credit hour by the American Academy of Family Physicians.

Disclosure

It is the policy of the National Association for Continuing Education to disclose whatever interest or affiliation a speaker might have with a commercial organization whose products or services are related to the subject matter being presented. Such disclosure will be made available on the day of the program.

Faculty

Nelson Watts, MD, FACE
Professor of Medicine
University of Cincinnati